

# GO BAG

## HOME, VEHICLE & WORKPLACE

**Be Informed**

**Be Prepared**

**Be Ready To Go**

### What would you do...

If you had to leave your home or office at a moment's notice? Recent events -- the tragedy of 9/11, hurricanes Katrina and Rita, and violence in the workplace -- have taught us that we can take simple measures to improve our personal security. Preparing for the unexpected before it happens can mean a safer evacuation for you and your family in the event of an emergency.

Most importantly, while compiling your Go Bag please take time to make sure that your family has an emergency plan and you are familiar with the crisis communications and evacuation plans at your workplace and in your community.

#### HOUSEHOLD Go Bag

##### Essentials

- ★ Easy to carry container, such as a back-pack, duffel bag, or suitcase with wheels
- ★ Copies of important documents in a waterproof container (insurance cards, photo IDs, proof of address, social security card, deeds, wills)
- ★ Contact and meeting place information for your household
- ★ Extra set of car and house keys
- ★ Credit and ATM cards and \$50 to \$100 in cash in 5s and 10s, 20s and coins
- ★ Bottled water, 1 gallon per day per person for three days
- ★ Manual can opener
- ★ Battery-operated AM/FM radio and extra batteries or a wind-up radio
- ★ Medication, doctors' names and numbers
- ★ First aid kit tailored to your family's needs
- ★ Garbage bag
- ★ Mylar blanket
- ★ Pillows and sleeping bags
- ★ Regional map
- ★ Survival manual

- ★ Flashlight and batteries
- ★ Complete change of clothing

##### Additional Items

- ★ Child care items
- ★ MREs (Meals Ready to Eat)
- ★ Cooking utensils
- ★ Pocket knife
- ★ Tools (wrench, crowbar or pry bar)
- ★ Fire extinguisher
- ★ Waterproof matches, candles
- ★ Whistle
- ★ Rope
- ★ Heavy tape
- ★ Dust mask
- ★ Warm leather gloves
- ★ Lightweight rain gear
- ★ Shelter/small tent
- ★ Sturdy, comfortable shoes
- ★ Pet supplies



#### VEHICLE Go Bag

##### Essentials

- ★ Easy to carry container, such as a back-pack, duffel bag, or suitcase with wheels
- ★ Booster cables, small tool kit, spare tire, flares
- ★ Canned food, dried fruit, nuts, and manual can opener
- ★ Bottled water, at least 4 liters
- ★ Money
- ★ Map of home region
- ★ Pen/pencil and paper
- ★ Flashlight and batteries
- ★ First-aid kit specialized for the car
- ★ Medication

##### Additional Items

- ★ Sleeping bag and blanket
- ★ Toilet tissue, towelettes, baggies
- ★ Change of warm and protective clothing, comfortable shoes, gloves
- ★ AM/FM radio with batteries
- ★ Waterproof matches and candles
- ★ Fire extinguisher

#### OFFICE Go Bag

##### Essentials

- ★ Dried Fruit, nuts, high-energy food bars for 3 days
- ★ Water for 3 days
- ★ Gloves, heavy shoes, outdoor clothing
- ★ Emergency blankets
- ★ Flashlight/chemical light stick
- ★ Radio with batteries

##### Additional Items

- ★ Small photos of your family and friends
- ★ List of important numbers
- ★ Piece of paper with your name, address, and medical information